



# MOVING FORWARD

## YOUNG ADULTS WITH CANCER

As a young adult battling cancer, you may have specific concerns. Know that there are resources and support groups that can help.



### FINANCES

1. How do I manage my debt (student, car, mortgage)?
2. What do I need to know about estate planning?
3. Where can I get help with financial planning?

**Family Reach:** [www.familyreach.org](http://www.familyreach.org)  
**National Cancer Legal Services Network:** [www.nclsn.org](http://www.nclsn.org)  
**Stupid Cancer®:** [www.stupidcancer.org](http://www.stupidcancer.org)  
**The Samfund:** [www.thesamfund.org](http://www.thesamfund.org)



### CAREER

1. What is disability insurance and do I qualify?
2. How do I balance working while receiving treatment and/or taking time off?
3. How do I adjust to returning to work?
4. Am I (or my caregivers) eligible for medical leave?

**Cancer + Careers:** [www.cancerandcareers.org](http://www.cancerandcareers.org)  
**Cancer Finances:** [www.cancerfinances.org](http://www.cancerfinances.org)  
**Stupid Cancer®:** [www.stupidcancer.org](http://www.stupidcancer.org)  
**Workplace Transitions:** [www.workplacetransitions.org](http://www.workplacetransitions.org)



### ACCESS

1. Where can I find information about clinical trials?
2. What resources are available for treatment assistance?
3. What if I can't work and lose my health insurance?

**Cancer + Careers:** [www.cancerandcareers.org](http://www.cancerandcareers.org)  
**Cancer Research Institute (Clinical Trial Finder):** [www.cancerresearch.org](http://www.cancerresearch.org)  
**Cancer Financial Assistance Coalition (CFAC):** [www.cancerfac.org](http://www.cancerfac.org)  
**Stand Up To Cancer:** [www.standuptocancer.org](http://www.standuptocancer.org)  
**Stupid Cancer®:** [www.stupidcancer.org](http://www.stupidcancer.org)



### FAMILY & COMMUNITY

1. Will my treatment affect fertility? How should I plan for a family?
2. What if I just want to connect with someone who is going through a similar experience?
3. How do I tell my family/friends I have cancer?
4. What if I need someone to drive me to treatments?
5. How do I find support in caring for my young child?

**American Cancer Society (Road to Recovery program):** [www.cancer.org](http://www.cancer.org)  
**Angel Wheels:** [www.angelwheels.org](http://www.angelwheels.org)  
**Aunt Bertha:** [www.auntbertha.com](http://www.auntbertha.com)  
**Cancer Care:** [www.cancercare.org](http://www.cancercare.org)  
**Cancer Hope Network:** [www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)  
**Cancer Support Community:** [www.cancersupportcommunity.org](http://www.cancersupportcommunity.org)  
**Fertile Action:** [www.fertileaction.org](http://www.fertileaction.org)  
**GRYT app:** [www.grythealth.com](http://www.grythealth.com)  
**Imerman Angels:** [www.imermanangels.org](http://www.imermanangels.org)  
**Kids Connected:** [www.kidsconnected.org](http://www.kidsconnected.org)  
**Livestrong (Fertility):** [www.livestrong.org](http://www.livestrong.org)  
**Mommy and Me Cancer Foundation:** [www.mamcf.org](http://www.mamcf.org)  
**SaveMyFertility:** [www.savemyfertility.org](http://www.savemyfertility.org)  
**Stupid Cancer®:** [www.stupidcancer.org](http://www.stupidcancer.org)  
**The Samfund:** [www.thesamfund.org](http://www.thesamfund.org)



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LEARN ABOUT RESOURCES AND  
SUPPORT GROUPS THAT CAN HELP  
YOUNG ADULTS FIGHTING CANCER.



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